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# OCA OT-nurse self-assessment skill list

🞎 I certify that the given information is complete, correct and true

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. Which subspecialty are you familiar with? Please tick and fill out years of experience.

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| --- | --- |
| Instrument (Scrub) nurse 🞎 | \_\_\_\_\_\_\_years of experience |
| Circulating nurse 🞎 | \_\_\_\_\_\_\_years of experience |
| RN first assistant nurse (RNFA) 🞎 | \_\_\_\_\_\_\_years of experience |
| Post anaesthesia care unit (PACU) 🞎 | \_\_\_\_\_\_\_years of experience |

1. Please describe what management training and experience you have (include year):
2. What type of life support training do you have (BCLS, ACLS, ATLS)? (include year)

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1. What is your level of familiarity in regards to below surgeries? Please tick.

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| --- | --- | --- | --- |
| **Type of surgery** | **Not Familiar** | **Familiar** | **Very Familiar** |
| Appendectomy (open) |  |  |  |
| Laparotomy |  |  |  |
| Paediatric surgery |  |  |  |
| Abscess drainage  |  |  |  |
| Debridement (changing dressing under anaesthesia) |  |  |  |
| Hernia Repair |  |  |  |
| Head and neck surgery |  |  |  |
| Plastic surgery (local and regional flaps) |  |  |  |
| Penetrating trauma (knife wounds, gun shots) |  |  |  |
| Urology |  |  |  |
| War surgery (blast injuries, high velocity GSW, etc.) |  |  |  |
| Closed reduction of fracture/casting |  |  |  |
| External fixation |  |  |  |
| Open fractures |  |  |  |
| Amputations |  |  |  |
| Internal fixation |  |  |  |
| Chest tube insertion |  |  |  |
| Caesarean sections |  |  |  |
| Hysterectomy |  |  |  |
| Skin grafts |  |  |  |

1. Please tick your level of familiarity to these equipment’s and procedures:

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Category** | **Equipment / Procedures** | **Not familiar** | **Familiar** | **Very Familiar** |
| **MSF Equipment** | Surgical pump suction |  |  |  |
| Electrical cautery |  |  |  |
| Electric/Dermatome |  |  |  |
| Tourniquet |  |  |  |
| Power drill |  |  |  |
| O2 Concentrator |  |  |  |
| **OT-safety**  | Sharps (handling and disposure) |  |  |  |
| Surgical checklists |  |  |  |
| Counts (sponges, sharps, instruments) |  |  |  |
| Informed consent for surgery |  |  |  |
| PPE (Personal Protective Equipment) |  |  |  |
| **Specific skills for INSTRUMENTALIST** | Surgical hand washing |  |  |  |
| Surgical dressing placement |  |  |  |
| Donning sterile gloves/gown |  |  |  |
| Preparation of MAYO table based on surgical need |  |  |  |
| Prepare OT room and equipment based on surgical need  |  |  |  |
| Maintaining sterile field |  |  |  |
| Counting –compresses/instruments |  |  |  |
| Knowing the names/uses of instruments and anticipating their need |  |  |  |
| **Hygiene & Sanitation** | Setting up and maintaining a sterile field |  |  |  |
| Cleaning & disinfection of instruments and medical devices |  |  |  |
| Handling storage of sterile supplies |  |  |  |
| Loading and unloading autoclave |  |  |  |
| Patient hygiene procedures before entering the OT |  |  |  |
| Sterilisation with steam autoclave  |  |  |  |
| Assess sterilized package integrity |  |  |  |
| Drying |  |  |  |
| Wrapping |  |  |  |
| Laundry – triage, cleaning and disinfection of linen |  |  |  |
| Waste management |  |  |  |
| **Practical skills/techniques** | IV-cannulation |  |  |  |
| Insertion Urinary catheter  |  |  |  |
| CPR |  |  |  |
| Airway management |  |  |  |
| Wound care |  |  |  |
| Use of negative pressure wound therapy (VAC) |  |  |  |
| Administration of IV-drugs & fluids |  |  |  |
| Administration of oral/rectal drugs |  |  |  |
| Monitoring and assessing vital signs (BP, pulse, respiration, pulse oximetry & temperature) |  |  |  |
| EKG  |  |  |  |
| **General Procedures** | Prepare OT-room and equipment based on patient’s surgical need |  |  |  |
| Performing a “Sign in” procedure (WHO standards for safe surgery) |  |  |  |
| Performing a “Time out” procedure (WHO standards for safe surgery) |  |  |  |
| Performing a “Sign out” procedure (WHO standards for safe surgery) |  |  |  |
| Safe transfer of patient onto OT-bed and padding of pressure points |  |  |  |
| Proper patient positioning (supine, lateral, prone, lithotomy |  |  |  |
| Post op care including mobilization, prevention of pressure sores, blood clots, atelectasis |  |  |  |